

LAUREN CATLETT, MSN, RN, CNL

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THEY/THEM

EDUCATION

Doctor of Philosophy in Nursing [GPA: 4.00] 2019 – 2025
University of Virginia School of Nursing, Charlottesville, VA [anticipated]
Dissertation: “Advancing Health Equity among Transgender and Gender-diverse Older Adults:
A Participatory Approach”

Master of Science in Nursing [GPA: 4.00] 2014 – 2016
University of Virginia School of Nursing, Charlottesville, VA

Bachelor of Arts with Highest Distinction in Studio Art [GPA: 3.98] 2006 – 2010
Bachelor of Arts in Russian Language and Literature
University of Virginia College of Arts and Sciences, Charlottesville, VA

LICENSURE & CERTIFICATION

Registered Nurse 2017 – present
Virginia Board of Nursing, License #0001271978

Clinical Nurse Leader 2016 – present
Commission on Nurse Certification, CNL #10350189

GRANTS & FELLOWSHIPS

Compassionate Care Research Pilot Fund Award [\$8,000] 2024 – 2025
PI: Lauren Catlett
Funding Organization: University of Virginia School of Nursing
“Developing a Web-based Healthcare Decisions Resource for Transgender and Gender-Diverse
Older Adults”

Springfield Research Fund Dissertation Fellowship [\$10,000] 2023 – 2025
PI: Lauren Catlett
Funding Organization: American Psychological Foundation (APF)
“Co-developing an Advance Care Planning Resource with Transgender and Gender-Diverse
Adults: A Human-Centered Design Approach”

Center for Undergraduate Excellence Undergraduate Arts Award [\$3,948] 2009 – 2010
PI: Lauren Catlett
Funding Organization: University of Virginia Office of the Provost
“Shared Doings and Sayings: Art-Making and the Subjective Experience of Dementia”

AWARDS & HONORS

Barbara Brodie Scholars Doctoral Endowment Award 2024

University of Virginia School of Nursing Outstanding Graduate Teaching Assistant Award 2023, 2022

Southern Nursing Research Society Student Poster Award, Second Place 2023

Hospice and Palliative Nurses Foundation Annual Assembly Scholarship 2023

Southern Gerontological Society Student Poster Award, First Place	2016
Certified Background-GNSA Scholarship	2016
University of Virginia School of Nursing Alumni Association Graduate Merit Fellowship Award	2015
University of Virginia Center for Global Health Scholar	2015
Virginia Nurses Association, Central Virginia Chapter Scholarship	2015
Lettie Pate Whitehead Scholarship, University of Virginia	2015, 2014
Mary Ruth Giansante Scholarship	2014
University of Virginia School of Nursing Reflective and Creative Writing Award	2014

PEER-REVIEWED JOURNAL PUBLICATIONS

- Catlett, L.** (2024). Healthcare needs and assets of gender diverse older adults: A systematic integrative review. *Journal of Nursing Scholarship, 56*(1), 119–141. doi: 10.1111/jnu.12810
- Catlett, L.** & Johnson, L. A. (2024). Disparities in advance directive documentation for rural-dwelling persons with lung cancer. *The American Journal of Hospice and Palliative Medicine, 41*(3), 318–323. doi:10.1177/10499091231178523
- Catlett, L.,** Acquaviva, K.D., Campbell, L.C., Ducar, D., Page, E.H., Patton, J. & Campbell, C. (2023). End-of-life care for transgender older adults. *Global Qualitative Nursing Research, 10*, 1-13. doi: 10.1177/23333936231161128
- Catlett, L.** & Campbell, C. (2021). Advance care planning and end-of-life care literacy initiatives in African American faith communities: A systematic integrative review. *The American Journal of Hospice and Palliative Medicine, 38*(6), 719–730. doi: 10.1177/1049909120979164
- Campbell, C. & **Catlett, L.** (2019). Silent illumination: A case study exploring the spiritual needs of a transgender-identified elder receiving hospice care. *Journal of Hospice and Palliative Nursing, 21*(6), 467-474. doi:10.1097/NJH.0000000000000596

CONFERENCE PRESENTATIONS

- Catlett, L.** (2023). Out loud: Healthcare advocacy for transgender and gender-diverse elders [Podium presentation]. LGBTQ+ Elders Conference, virtual.
- Catlett, L.,** Campbell, C., Acquaviva, K.D., Ducar, D. & Campbell, L.C. (2023). Compassionate community: End-of-life care equity for transgender elders [Poster presentation]. Annual Assembly of Hospice and Palliative Care, Montreal, Canada.
- Catlett, L.** & Johnson, L. (2023). Disparities in advance care planning documentation for persons with lung cancer in rural North Carolina [Poster presentation]. Southern Nursing Research Society Annual Conference, Orlando, FL
- Catlett, L.** (2022). Gender affirmation: A concept analysis [Podium presentation]. Barbara Parker Research Symposium, School of Nursing, University of Virginia, Charlottesville, VA.
- Catlett, L.** (2022). Healthcare needs and protective factors of transgender and gender nonconforming older adults: A systematic integrative review [Podium presentation]. UVA Health Disparities Conference: Why We Can't Wait, Healthcare Justice for All, School of Medicine, University of Virginia, Charlottesville, VA.
- Catlett, L.** (2021). Healthcare needs of transgender older adults: Two case reports [Poster presentation and panel discussion]. Southern Gerontological Society Annual Meeting, virtual.

Catlett, L. & Campbell, C. (2018). On the other side of suffering: Using art and narrative to facilitate the expression and experience of spirituality in a transgender woman [Poster presentation]. Annual Assembly of Hospice and Palliative Care, Boston, MA.

Catlett, L., Wolf, A., Simon, N., Martinez-Suazo, S., Chun, B. & Kownack, M. (2016). HeArt of Medicine: Arts-based interprofessional workshops to enhance end-of-life care education for medical and nursing students [Poster presentation]. Southern Gerontological Society Annual Meeting, Charlottesville, VA.

Catlett, L. & Celsor-Hughes, S. (2015). Arts Fusion: The power of creativity in dementia care [Podium presentation]. Southern Gerontological Society Annual Meeting, Williamsburg, VA.

Catlett, L. (2015). Creative expression through art for patients and families [Podium presentation]. The Melton D. & Muriel Haney Compassionate Care at the End-of-Life Conference, Charlottesville, VA.

CURRENT RESEARCH

care of older adults, end-of-life care, advance care planning, gender-affirming care, transgender health

RESEARCH INTERESTS

care of older adults, end-of-life care, hospice and palliative care, advance care planning, gender-affirming care, transgender health, creativity and healthcare, health equity for members of underrepresented communities

RESEARCH EXPERIENCE

Principal Investigator

2023 – present

School of Nursing, University of Virginia, Charlottesville, VA

Mentor: Kimberly Acquaviva, PhD, MSW, CSE, FNAP

- Conducted a three-part participatory qualitative study to co-design an advance care planning resource with transgender and gender-diverse older adults
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Doctoral Researcher

2022 – 2023

School of Nursing, University of Virginia, Charlottesville, VA

Mentor: Lee Ann Johnson, PhD, RN

- Conducted a secondary data analysis of electronic health records examining the association of advance directive documentation with various demographic and clinical characteristics of patients with lung cancer in eastern North Carolina
-

Doctoral Researcher

2021 – 2023

School of Nursing, University of Virginia, Charlottesville, VA

Mentor: Cathy Campbell, PhD, RN

- Conducted a thematic exploration of records from a think tank on end-of-life care for transgender older adults
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TEACHING INTERESTS

palliative care; aging and adult development; qualitative methods; mixed methods; nursing theory and philosophy of science; health policy; community health; complementary and alternative treatment modalities; anatomy and physiology

TEACHING EXPERIENCE

Graduate Teaching Assistant

2021 – 2023

University of Virginia School of Nursing, Charlottesville, VA

- Graded assignments, delivered class lectures, and provided support to faculty and students for the following medium-size (25-50 students) graduate level courses:
 - GNUR 6056: Health Policy (online asynchronous, Spring 2023)
 - GNUR 6050: Nursing Theory (online asynchronous, Spring 2021, Fall 2021; in-person, Spring 2022)
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Graduate Teaching Assistant 2022 – 2024
University of Virginia School of Nursing, Charlottesville, VA

- Graded assignments, delivered class lectures, and provided support to faculty and students for the following large-size (85-110 students) undergraduate level courses:
 - NUIP 3311: Quality, Safety, and EBP (in person, Spring 2024)
 - NUIP 4311: RNs in Complex Systems (in person, Fall 2022, Fall 2023)
 - NUCO 2440: Case-based Learning (in person, Spring 2023)

3-in-1 Writing Assessor 2022
University of Virginia, Charlottesville, VA

- Evaluated undergraduate nursing student writing, critical thinking, and information literacy skills for a university-accreditation learning outcomes assessment report

Drawing Workshop Instructor 2022 – 2023
University of Virginia, Charlottesville, VA 2012 – 2016

- Developed and led life drawing workshops for nursing and medical students to hone skills like observation, creativity, and stress management relevant to their future practice

Guest Lecturer 2015 – 2016
University of Virginia, Charlottesville, VA 2012 – 2013

- Presented on creative arts in healthcare in the medical education course Images of Medicine in Film, Literature, and the Visual Arts (2012; 2013)
- Lectured on topics related to aging, creative arts in healthcare, and advance care planning in the following undergraduate courses:
 - NURS 3006: Oncology Nursing and End-of-Life Care (2016)
 - NUCO 4400: Nursing Care of the Older Adult (2015)
 - ENSP 3610: Narratives of Illness and Doctoring (2012)

SERVICE & LEADERSHIP

Peer Review (multiple journals)

- *BMJ Open* [5 reviews] 2023, 2024
- *BMC Public Health* [1 review] 2024
- *Journal of Health Care for the Poor and Underserved* [2 reviews] 2020, 2021

Student Member, Research Committee 2021 – 2023
School of Nursing, University of Virginia, Charlottesville, VA

- Contributed student research perspective during monthly meetings
- Served as liaison to PhD students regarding research and career development

Member, Transgender Leadership Coalition 2021
Equality Virginia, Richmond, VA

- Connected with leaders involved in transgender advocacy during monthly meetings

Member, Local Arrangements Committee & Program Committee 2015 – 2016
Southern Gerontological Society

- Reviewed abstracts and assisted in planning for 2016 Annual Meeting

Team Leader, HeArt of Medicine 2014 – 2016
University of Virginia, Charlottesville, VA

- Planned and implemented educational workshop series to enhance knowledge and comfort level with end-of-life care among medical and nursing students

Student Ambassador & Program Facilitator, Compassionate Care Initiative 2014 – 2016
University of Virginia, Charlottesville, VA

- Led creative arts workshops to promote wellbeing for health professionals and students
- Served as planning committee member for end-of-life care conference

EMPLOYMENT HISTORY

Registered Nurse Case Manager 2018 – 2019
VITAS Healthcare, Blue Bell, PA

- Coordinated and supervised nursing care for home hospice patients
- Coordinated hospice patient care with interdisciplinary team

Registered Nurse 2017 – 2018
Benchmark Senior Living, West Chester, PA

- Provided nursing care for older adults in rehabilitation, long term care, and hospice

Creative Arts Manager 2011 – 2016
Alzheimer's Association Central and Western Virginia Chapter, Charlottesville, VA

- Developed program offering creative activities for persons with dementia
- Prepared grants for community-based funding
- Educated caregivers about person-centered dementia care practices
- Co-created arts and dementia care resource guide for caregivers

Intergenerational Program Coordinator 2010 – 2014
Jefferson Area Board for Aging, Charlottesville, VA

- Developed intergenerational program for children and older adults
- Established connections with community resources and organizations

PROFESSIONAL & HONORARY MEMBERSHIPS

Hospice and Palliative Nurses Association (HPNA) 2019 – present

Southern Gerontological Society (SGS) 2019 – present

Sigma Theta Tau International Honor Society of Nursing 2019 – present

Southern Nursing Research Society (SNRS) 2023

The Raven Society, University of Virginia 2023 – present

LANGUAGES

Spanish (20 years; proficient)

Russian (19 years; limited working proficiency)

SKILLS

InDesign, Photoshop (intermediate)

RStudio, SPSS (beginner)

